






# Little Orchard Montessori Nursery Weekly Menu

Week  
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Days	Breakfast	Snack	Lunch	Dessert	Snack	Tea
Monday	Cereal, toast, banana and fruit juice	Cucumber and bread sticks with dip	Potato topped fish pie, peas & sweetcorn 	Banana and custard	Homemade Snack	Ham sandwiches Yoghurt and fruit
Tuesday	Cereal, toast, banana and fruit juice	Fruit/veg Oat cakes	Risotto 	Rock cakes	Fresh Fruit	Beans on toast Yoghurt and fruit
Wednesday	Cereal, toast, banana and fruit juice	Cheese and Pineapple	Chicken Veronique, rice 	Rice pudding and fruit	Dried fruit	Cheese Bagels Yoghurt and fruit
Thursday	Cereal, toast, banana and fruit juice	Fruit/veg Brioche	Pork sweet and sour and potatoes 	Cherry buns	Crudities	Tuna and sweetcorn Pitta Yoghurt and fruit
Friday	Cereal, toast, banana and fruit juice	Fruit/veg Ritz	Homemade Pot Noodle 	Baked Apples	Frubes	Cheese on Toast Homebaked tray bake and fruit
	Water	Water or Milk	Water		Water or Milk	Water or fruit juice

Salad or Seasonal Vegetables served daily  
Menu maybe subject to change without prior notice